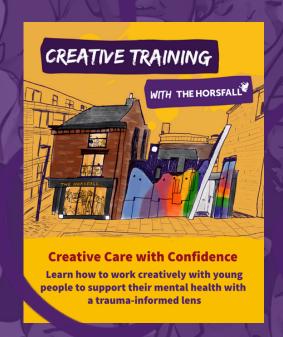
## WE HAVE FREE TRAINING SESSIONS AVAILABLE PROVIDED BY MAKING MANCHESTER FAIRER TO SUPPORT HEALTH EQUITY

These sessions are for professionals, from grassroot organisations working with young people aged 11-25

Next Session: 2<sup>nd</sup> October, 10am-4pm
The Horsfall, 87-91 Great Ancoats Street,
M4 5AG

Book your session by emailing: Angeli.Sweeney@42ndStreet.org.uk



## Learn how to

- Understand how art + expression aid wellbeing and mental health
- Use creativity to support youth mental health
- Build trauma-informed, youth-focused approaches
- Create safe, creative spaces for young people
- Use creativity as a tool for communication, expression and connection
- Bridge your creative skills into real-world practice
- Leave with practical ideas on how to apply within your setting

## **Eligibility**

Grassroots organisations are small groups of individuals who collaborate to improve their community. These groups are typically non-profit and may consist of both paid staff and volunteers. Their primary goal is to enhance the social, cultural, and economic well-being of community members. To qualify as a grassroots organisation, these groups must:

- operate as micro-entities, working primarily within a specific area, such as five streets/or hyper localities.
- be established by members of the community.
- have an annual turnover of less than £200,000 per annum and be a micro enterprise (fewer than 10 employees).